

Info-Session for Family Members and Significant Others of Individuals Living with Opioid Addiction

List of Community Resources



If you have any questions about these resources or wish to access them, **please call Opioid Outreach and Treatment Services (OOTS) at 1-855-211-0898**. They will be able to answer your questions and direct you to the right service.

Peel Addiction Assessment and Referral Centre (PAARC)

- Provides services to individuals concerned with their own or another's involvement with alcohol or drugs.
- Offers detailed assessments, as well as short-term individual and group counseling; these services can be tailored to meet individual needs.



Website: www.paarc.com
Contact: (905) 629-1007

Halton Alcohol, Drug, and Gambling Assessment, Prevention & Treatment Services (ADAPT)

- Services include assessment, treatment, individual and group counselling as well as educational services with respect to alcohol, drug and gambling related issues. Also offers a Mindfulness Program for Chronic Pain & Opioid Use.
- Offers a Family & Friends program to support those affected by someone else's addiction issues
- 5 ADAPT Locations in Halton.



Website: haltonadapt.org
Contact: (905) 639-6537

Punjabi Community Health Services (PCHS)

- PCHS strives to improve the quality of life of their clients by supporting them and their families through a guided recovery journey from substance use/abuse in a holistic and culturally appropriate manner.
- Provides addictions, mental health, seniors, settlement, domestic violence and parenting services with culturally appropriate offerings for the South Asian community.



Website: pchs4u.com
Contact: (905) 677-0889

Canadian Mental Health Association (CMHA) – Halton Branch

- 1 of 120 branches of the Canadian Mental Health Association, a nation-wide voluntary organization promoting mental health.
- Provides services and supports to people and their families who are experiencing mental illness.



Canadian Mental Health Association
Mental health for all

Website: halton.cmha.ca
Contact: (905) 693-4270

Hope Place Centres for Addiction

- A charitable organization providing specialized treatment for men and women with addiction issues, at two residential sites located in the Halton Region and through community programs.



Website: www.hopeplacecentres.org
Contact: (905) 465-3324

Trillium Health Partners (THP)

- The Addictions and Concurrent Disorders Centre at Trillium Health Partners provides assessments and treatment services for clients with symptoms suggestive of substance abuse disorders.
- Offer 16 week outpatient programs for individuals with mental health and addiction issues.
- A referral is required from a physician to access these services.



Trillium Health Partners

Website: trilliumhealthpartners.ca
Contact: (905) 338-4123

Halton Healthcare Services

- The Concurrent Disorders Program offers help to individuals who have mental health and addiction issues.
- Provides assessment, consultation, and treatment in an individual or group format.
- A referral is required from a physician to access these services.



Website: haltonhealthcare.on.ca
Contact: (905) 845-2571 ext. 4800

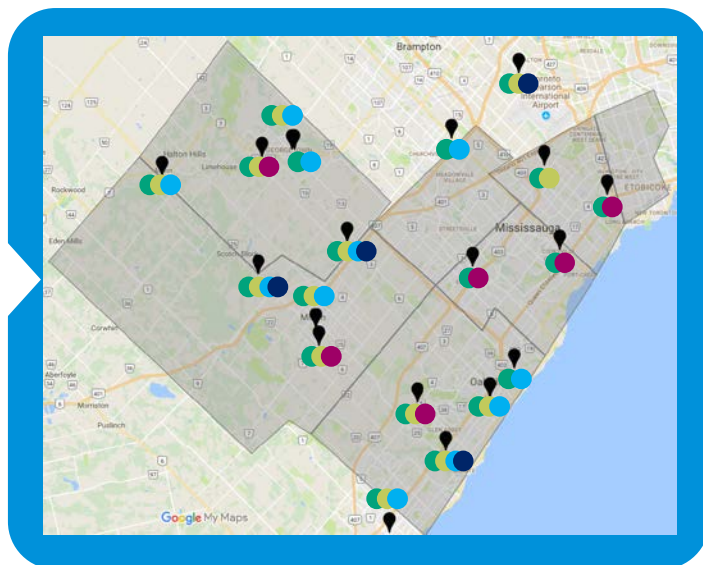
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How to Access Community Resources



A summary of where community resources are available in the Mississauga Halton region is presented in the map below.

Key	Type of Resource
	Individual services for individuals struggling with opioid addiction
	Group services for individuals struggling with opioid addiction
	Individual services for family members / significant others
	Group services for family members / significant others
	Referral is required (please see your family physician first)



If you have any questions about these services or wish to access them, **please call Opioid Outreach and Treatment Services (OOTS) at 1-855-211-0898**. They will be able to answer your questions and direct you to the right service.

Special Programs for Family, Friends, and Significant Others

In addition to the community resources on the previous slide, special sessions tailored for friends, family members, and significant others of those struggling with opioid addiction are being offered around the Mississauga Halton region.

Join one of the family and friends support groups to:



Learn about opioids & opioids addiction



Better understand treatment options



Work towards the healthiest relationship possible with your loved one



How can you register for these sessions?

Six week sessions are beginning as early as next week! See below for dates and location.

CMHA 6 Week Sessions	
Date and Time	Location
Mon, March 26 6:30-8:30pm	CMHA Head Office, 1540 Cornwall Rd #102
Tuesday, April 3 6:30-8:30pm	CMHA Head Office, 1540 Cornwall Rd #102
Tuesday, April 10 6:30-8:30pm	CMHA Head Office, 1540 Cornwall Rd #102
Tuesday, April 17 6:30-8:30pm	CMHA Head Office, 1540 Cornwall Rd #102
Monday, April 23 6:30-8:30pm	CMHA Head Office, 1540 Cornwall Rd #102
Tuesday, May 1 6:30-8:30pm	CMHA Head Office, 1540 Cornwall Rd #102



To register for the above sessions, or to learn about other programs and future dates, **please call Opioid Outreach and Treatment Services (OOTS) at 1-855-211-0898**.