

The care and support you need
to live well at home



We're here

to help.

Simply put, we care.

As a registered charity, you are investing in your community when you choose Acclaim Health. Our services include:

- Dementia Care
- Home Care
- Social Supports
- Fall Prevention
- Hospice Care
- Wellness Support
- Bereavement Support

**Give us a call.
We'll get you the help you need.**

1-800-387-7127

www.acclaimhealth.ca

Home Care

Private Care

Our professional and caring staff are available to care for your family member in your own home.

A variety of care levels are available to meet your needs, and can include companionship, personal support or nursing.

This is home care with integrity: we'll also make sure you're maximizing your options for government-funded community care and provide a home safety assessment.

To discuss care tailored to your unique needs, Call us at 905-827-8800.

Personal Support

Our certified Personal Support Workers can provide the assistance you need to live comfortably. All of our Personal Support Workers are **fully certified** and undergo extensive ongoing training in order to provide you with the highest quality care.

If you qualify, personal support can be provided through the health care system at no cost to you. Acclaim Health is one of the providers in Halton that are able to provide government-funded personal support.

Private home and personal support is available 24 hours a day, 7 days a week.

Home Nursing

We have been providing home nursing for almost 90 years, and we are proud to carry on this tradition of exemplary care and service in our community.

As always, our caring, friendly and knowledgeable nurses are known for the exceptionally high quality care they provide. If you qualify, home nursing can be provided through the health care system at no cost to you. Acclaim Health is one of the providers in Halton that are able to provide government-funded nursing.

Private nursing in your home is available 24 hours a day, 7 days a week.

Nursing Clinics

When you receive care in one of our clinics, you'll meet the most caring, friendly and knowledgeable nurses around.

Clinics are designed to care for people who require the expertise of a nurse, but are still able to leave their homes without negative impacts to their health and wellbeing. Most often this is for wound care or IV treatments, but other types of nursing treatments are also available.

All clinic nursing is provided by the health care system at no cost to you. Acclaim Health is one of the providers in Halton that are able to provide clinic nursing.

Clinics are reserved exclusively for Acclaim Health nursing patients, and are not open to the public.



Philips Lifeline

Summon help any time of the day or night – even if you can't speak – with Philips Lifeline. Philips Lifeline is an easy to use medical alert system.

To sign up or learn more,
please call 1-888-339-6599.

Memory Visiting

It can be difficult to maintain friendships in the early stages of memory loss. Yet social connections are key to retaining communication skills and feeling happy.

Our wonderful Memory Visiting Volunteers are specially trained to engage people experiencing the early to mid stages of memory impairment due to dementia, stroke or injury. Visits usually happen once a week for 1-2 hours.

Dementia Adult Day Program

People living with dementia thrive when their abilities are supported, their accomplishments are celebrated, and their life experience is valued.

With innovative programming, and a warm, friendly environment that promotes independence, people love coming to our Adult Day Programs, also known as "the club." Caregivers love that it gives them some guilt free time to recharge and regroup.

Locations

- [Burlington](#)
Monday-Saturday
905-632-8168
- [Oakville](#)
Monday-Saturday and Tuesday evenings
905-847-9559

There is a nominal fee per day.
Fee assistance is available.



“

Mom comes home telling us all about the different activities she does. Her eyes sparkle when she is talking about the program.

- Caregiver of Client

Dementia Care

Private Respite Care

Need care so that you can attend a class, an event or just to give you a break? Our professional and caring staff are available to care for your family member with dementia in your own home.

We can help for one hour up to overnight and over several days. Pricing is dependent on the level and duration of care required.



Dementia Care

Caregiver Support & Education

Caregiver Consultations

Our Caregiver Education Coordinators are available to answer questions, suggest care strategies, and provide help in person, via email or on the phone.

Education Sessions

We offer a variety of courses to teach you:

- How to care for a person with dementia
- What to expect as the disease progresses
- How to care for yourself
- How to access community resources

Support Groups

Meet with other caregivers to share experiences, explore solutions to common challenges, and find out about community resources. Check our website for times and locations.



I wouldn't have been able to be as comfortable in my role as caregiver and care planner without these resources so freely given.

- Caregiver of Client

Social Supports and Care

Maintaining social connections as you get older is one of the most important factors for healthy aging.

Adult Day Program

A caring, friendly environment for adults who are at risk of social isolation due to a diverse range of challenges. You'll experience support for your well-being that lets you live at your best, along with companionship, interesting activities, and more.

Family Caregivers can expect a much-needed break from caregiving, while their family members enjoy a safe, friendly and fun environment.

Locations

- **Bond (Oakville)**
Monday to Friday
905-337-8937
- **Palermo (North Oakville)**
Monday to Friday
905-847-3394
- **Coptic (Mississauga)**
Monday to Friday
905-812-8222

There is a nominal fee per day.
Fee assistance is available.

Social Supports and Care

Friendly Visiting

Our warm and caring volunteer visitors provide friendship, support and outings for lonely, isolated or frail older adults and younger adults isolated due to physical challenges. Having the support of a Friendly Visitor on a regular basis can make living on your own a little easier and less lonely.

Tele-Touch

Volunteers call clients by pre-arranged schedule to provide reassuring telephone contact to isolated older adults who seek friendly conversation, security, or reassurance.

Art in the House

Older adults living in selected Halton Community Housing Corporation and co-op communities across Halton can take advantage of free, drop-in art and yoga classes offered in the fall, winter and spring.



**It's like a security blanket.
For people like me who
have absolutely nobody,
it's tremendous.**

- Tele-Touch Client

Hospice & Bereavement

Hospice Care

Emotional, social and spiritual support for those with life-limiting illnesses and their families.

Our team of caring staff and highly skilled volunteers will walk with you on your journey – every step of the way. We will listen, work hard to understand your needs, support you and your family, share resources, and connect you to additional community services as your needs change.



Hospice & Bereavement

Wellness Support

Create a space for calm within yourself. Our wellness supports can help you improve your overall well-being while reducing pain, stress and anxiety.

Complementary therapies include:

- Therapeutic Touch®
- Music Therapy
- Reiki
- Hand and Arm Massage

Available to people with life-limiting illnesses, dementia, or caregivers experiencing high stress.

Bereavement Support

We understand how difficult experiencing grief and the loss of a loved one can be.

Bereavement Peer Support

If you're struggling with the loss of a loved one, you don't have to struggle alone. Our trained volunteers can help you work through your grief and find a way to move forward. Visits can take place in your home or at another mutually convenient location.

Spousal/Partner Loss Support Groups

Meet others who've lost a loved one and share your experience in our bereavement support groups. Support groups are run throughout the year in Halton. Check our website for times and locations.

Fall Prevention

Home Support Exercise Program

This in-home 12-week program produces measurable results for older adults who can't attend a community exercise class.

Ideal for frail older adults want to improve their strength, balance, mobility and endurance by exercising at home.

Community Exercise Classes

Free community exercise classes throughout Halton specifically designed for older adults.

Reduce your risk of falling by improving your strength, balance and endurance.

Classes are presented in partnership with Lifemark Seniors Wellness. To sign up or learn more, please contact Lifemark Seniors Wellness at 1-877-696-1620.



**We love my Mum's
volunteer and
she makes such a
difference to my
mother's well-being.**

- Caregiver of Client

Volunteer with us

Get Involved

Experience the joy of making a difference in someone's life!

We have meaningful volunteer opportunities for almost any schedule.

For more information and a list of available positions go to:



www.acclaimhealth.ca/volunteer



volunteering@acclaimhealth.ca



1-800-387-7127 ext 2329



905-827-8800 ext 2329

Donate

**Invest in the health of your community.
By giving today, your donation will:**

- Preserve the independence of those needing help at home
- Provide relief for those caring for an aging family member
- Make someone's final days a little bit easier

Donate online at www.acclaimhealth.ca
or call 905-827-8800 x2043.



Charitable Registration Number
#11928 4602 RR0001

    @acclaimhealth
www.acclaimhealth.ca

(905) 827-8800
1-800-387-7127
Fax: (905) 827-3390

2370 Speers Rd
Oakville, ON
L6L 5M2

Accredited by:



Funded in part by:



Acclaim Health provides nursing and personal support services under contract with the Mississauga Halton Local Health Integration Network (MH LHIN / Central Region) and the Hamilton Niagara Haldimand Brant Local Health Integration Network (HNHB LHIN / West Region) in accordance with their programs and service guidelines. The views expressed are those of Acclaim Health and do not necessarily reflect those of the MH LHIN (Central Region), the HNHB LHIN (West Region) or the Government of Ontario.