

ABOUT THE THERAPIST

Caroline Taylor is a licensed Physiotherapist with over 20 years experience in neurology and gerontology.

She has experience in all phases of care: prevention, acute, rehab., long term and chronic.

She graduated with a Bachelor of Science Degree in Physical Therapy from McGill University in 1983. She has worked in numerous hospitals and has been in private practice since 1991.

THIS SERVICE IS COVERED BY
INDIVIDUAL INSURANCE OR
ON A FEE FOR SERVICE BASIS.
OFFICIAL RECEIPTS ARE
PROVIDED.

REHABILITATION THROUGH
ASSESSMENT
TREATMENT
EDUCATION
CONSULTATION



IN-HOME PHYSIOTHERAPY
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BENEFITS TO CLIENT, FAMILY OR CAREGIVER

~ Neuro-Developmental Treatment Certified:

- Stroke
- Parkinson's Disease
- Multiple Sclerosis
- Other Neurological Conditions

~ Skilled in Axial Mobility Exercise Program:

- Parkinson's Disease
- Seniors

~ Therapist has over 20 years experience mainly in neurology and gerontology (worked 2 years at Baycrest Hospital)

~ General Orthopedics / Other

- Musculoskeletal Injuries/
Soft Tissue Injuries
- Fibromyalgia
- Osteoporosis

WHAT COMMUNITY REHABILITATION CAN OFFER YOU

- ~ In home physiotherapy (convenience, detailed assessments and customized treatment/exercise programs)
- ~ Early intervention
- ~ Obtain highest functional level and/or maintain level of function so client is able to remain in their home or setting
- ~ Treatment goals are specific to the client's needs and addresses realistic goals of the client
- ~ Home safety is addressed with necessary modifications recommended
- ~ Client, family or caregiver are taught how to implement the exercise program



Who Would Benefit:

- ~ Persons experiencing falls or having difficulty with balance or walking (weakness or abnormal tone)
- ~ Persons having a poor/weak posture
- ~ Persons having pain, weakness, loss in movement (range of motion), decrease in function, and/or decrease in tolerance level
- ~ Persons requiring more intervention or ongoing intervention

