# Links 2 Care is

a non-profit, charitable, community support organization delivering a wide variety of programs and services to enhance the lives of people living in Halton Region, Mississauga, and South Etobicoke.

**OUR VISION** 

A better quality of life through caring Early support.

#### **OUR FUNDERS**





Ontario 📆

Mississauga Halton Local



We are funded through provincial and municipal governments as well as other grants, donations, and fundraising.



You Get involved in your community while helping others. Share can your time, energy, skills, and help resources. Gain emotional rewards and valuable meet experience. And have fun!

# the needs of your community

#### **Volunteer**

Be a Friendly Visitor, drive for our seniors' programs, participate on our Board, support our events, help with our Holiday Giving or Backpack programs, or support our offices

# or program sites. can HELP!

#### **Donate**

New clothing, toiletries, school supplies, gift cards, and money, are appreciated. Drop off in person, by mail or donate through our website.

# **Sponsor**

A local family for Holiday Giving

### **Fundraise**

In support of Links2Care

### Promote us

To family, friends, co-workers, the community—everyone!



905-873-6502 **Telephone** 

**Toll Free** 1-866-920-6502

info@links2care.ca **Email** 

905-873-6195 Fax

Website www.links2care.ca

**Facebook** @links2care

#### Georgetown

360 Guelph Street, Unit 33, Georgetown, ON L7G 4B5

#### Acton

47 Mill Street East. Acton, ON L7J 1H1

The information herein is available in alternate formats upon request.

Nov. 2019

**Programs &** Support for Links2care People of All Ages in Halton Hills





Meeting the needs of our Community

www.links2care.ca

# SENIORS & ADULTS with DISABILITIES

Supporting clients' personal preferences and promoting independence for clients to remain safely in their homes for as long as possible



**Home Help** (fee geared to income—must require at least 2 services below to qualify)

- ✓ Housekeeping and Laundry
- ✓ Grocery Shopping
- ✓ Meal Preparation
- ✓ Appointment accompaniment (via taxi/public transit at client cost)

#### **Bathing** (free)

Personal support workers provide weekly in-home bathing services.

Caregiver Relief (free & fee based)
PSWs provide in-home relief for eligible caregivers supporting loved ones.

Meals on Wheels (fee based)
Delicious, nutritious, affordable meals
for pick up or delivery

- ✓ Meals on Wheels hot lunches
- ✓ Frozen Meals—choice of 50+ entrees, soups & desserts

Wheels to Meals (fee based)
Social luncheons at local restaurants
with transportation by volunteers





#### Home Maintenance (fee based)

- ✓ Lawn & Garden Care
- ✓ Grab Bar or Shelf Installation
- ✓ Windows & Seasonal Cleaning
- ✓ Eaves Troughs
- ✓ Painting & Repairs

# Community Navigation (free) Coordinators assist those in transition

or in crisis situations by helping with:

- ✓ Health care system navigation
- ✓ Housing applications
- ✓ Hoarding issues
- ✓ Accessing financial support
- ✓ Elder abuse
- ✓ Mental health referrals

#### Friendly Visiting (free)

Volunteers visit isolated clients for safety checks, support, and socializing.

# **Supportive Housing** (Acton)

PSWs provide supports for daily living for eligible residents at Lakeview Villa.

### **CHILDREN & FAMILIES**

#### **School-Age Care**

for children 4-10 years of age at Park and Joseph Gibbons Public Schools in Georgetown **EarlyON Child and Family Centres** Free programs for 0-6 year olds, parents, and caregivers, to encourage healthy development, social opportunities, relationship building, and knowledge sharing. View our schedule at www.links2care.ca



Parenting Support and information on child development, parenting, and early years services.

#### **Recreation & Sport Funding**

Canadian Tire Jumpstart Program subsidizes extracurricular activities.

# **Backpacks & School Supplies**

Distributed with the help of high school students earning volunteer hours.

**Holiday Giving** enables individuals/ businesses/groups to sponsor families with new clothing and toiletries.

# **COMMUNITY SUPPORT FOR ALL AGES**

**Support & Advocacy** Help filling out forms, making phone calls, and navigating government services

Food & Other Essentials (clothes, toiletries, household items) are available to those in need

**Income Tax Program** CRA trained volunteers complete income tax returns for eligible residents

**Help with Utilities** Access to subsidies and emergency funding for gas or electricity bills.

Homelessness Intervention Support for housing insecurity and related issues.

