



Milton Stroke Recovery Group

The group meets once a month to provide support, conversation, resources and some social time for those who have survived a stroke. We are a positive group looking to share experiences, and friendship. All family, friends and caregivers are welcome!

SECOND TUESDAY OF EVERY MONTH

Milton Place Adult Day Program at Allendale
185 Ontario Street, Milton
7:00 – 8:30 p.m.

For more information, please contact:
Ryan Sigurdson, RSSW – Coordinator, Community Services
March of Dimes Canada
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1-905-522-2253 ext. 4375

Please note: there is no Stroke Group Meeting in July and August. We will resume in September.