

ADDITIONAL PROGRAMS

In addition to our regular programming our trained staff offers the following programs:

One To One Programs For Clients With Aphasia

Montessori Programs
Specialized therapeutic programming for clients with moderate to severe dementia

Restorative Care
Therapeutic programs designed to help clients achieve maximum functioning and maintain independence, includes one to one exercise

Certified Exercise and Falls Prevention Programs
Specialized exercise programs for clients including S.T.E.P.S. and HSEP

Monthly Caregiver Information Session
Educational sessions with an opportunity for caring and sharing. Clients are welcome to attend

Educational In-services
Held during program hours for clients and caregivers

WHAT WE OFFER

- ✓ Relief and support for caregivers
- ✓ A secure environment
- ✓ Assistance with personal care
- ✓ Individualized activities and goal setting to meet client needs
- ✓ Nutritious meals and snacks

WHERE WE ARE LOCATED

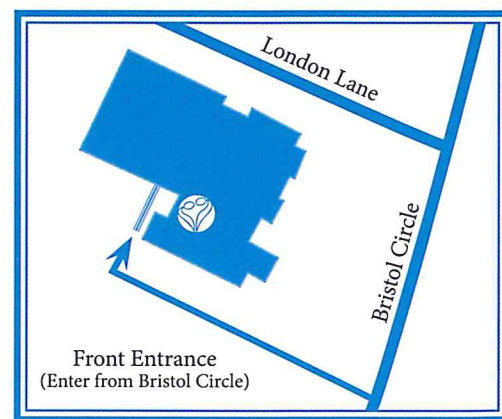
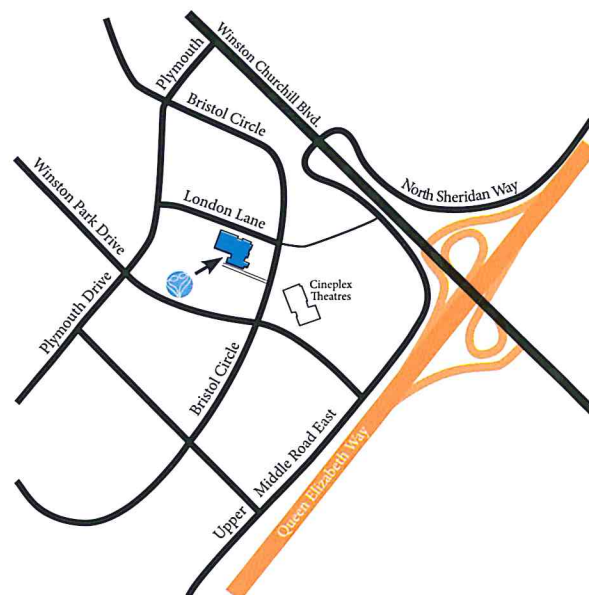
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Website: slec.ca



OCSA
Ontario Community
Support Association

Member in good standing



Transforming Lives Through
Purposeful Living



(905) 279-9061
slec.ca

 facebook.com/seniorslifecentres
 twitter.com/SLEC_CA



PROGRAMS



THE CIRCLE OF FRIENDS PROGRAM

Adult day services for clients with Alzheimer's disease, dementia and/or other cognitive impairments



THE GATHERING PLACE PROGRAM

Adult day services for clients with physical disabilities, mild cognitive impairments and/or frail health

EXTENDED HOURS PROGRAM

Evening and weekend caregiver respite program for clients with cognitive impairments, physical disabilities and/or frail health

BATHING PROGRAM

Bathing services for clients with cognitive impairments, physical disabilities and/or frail health

ADDITIONAL SERVICES

- ✓ Day Dreams Salon and Spa offers hairdressing, barbering, manicures, pedicures and esthetics
- ✓ Foot care and fingernail care by a certified professional
- ✓ Oral care by a dental hygienist



OUR TEAM

Our dedicated team of care professionals have certificates in Personal Support Work, Activity Coordination and Social Service Work. They have both the training and experience to respond to the unique needs of our clients and their caregivers.



VOLUNTEERING

We always welcome the assistance of trained volunteers. Please call or email outreach@slec.ca to enquire about volunteer opportunities.



TESTIMONIALS

"SLEC is the gold standard for Adult Day Service."

"The staff at SLEC have been very caring and patient and interested in creating the best experience for my mom."

"The Day Program is a life saver for me." - The caregiver

"[The client] used to be alone, lonely and depressed. Nowadays she is back to herself, a happy person."

"You offer a wonderful caring service for clients and caregivers."

"Because the Bathing Program is in a salon setting, my mother feels that she is accessing a personal spa service, which makes her comfortable and happy."



OUR MISSION

Providing caregiver respite by promoting independence and enriching the lives of adults with physical and/or cognitive challenges through health and recreational services personalized to the needs of our clients and their families.

OUR VALUES

**Love
Believe
Excellence**

TRANSPORTATION OPTIONS

- ✓ TransHelp Region of Peel
- ✓ Oakville Transit Care-A-Van
- ✓ Red Cross
- ✓ Taxi
- ✓ Family and Friends

DONATIONS WELCOME

You can support our program through monetary donations or gifts in kind. Tax receipts will be issued for donations of \$20 or more.

HOW TO APPLY

- ✓ Call us to book a tour, to apply or to make a referral
- ✓ Visit our website and complete the online referral
- ✓ Contact your local CCAC and ask about Adult Day Services Organizations