



"After my surgery, I needed a lot of help to recover at home. My PSW Marta was helpful, knowledgeable and really patient. She assisted me through a speedy recovery and relieved some of my family's stress."

Paul A

"Peter from Seniors for Seniors kept my dad company when I couldn't be there. We are so grateful for his friendship, kindness and care. Helping dad manage his appointments and being a helping hand has meant a lot to dad and our family."

Susan A



Why Spectrum?



Our **Total Care** philosophy is a unique holistic approach to health care



We are one of the largest home care and nursing providers in Ontario



We hire only the most highly skilled and vetted professionals to give you the best care



Canadian owned and operated for over 40 years



Seniors for Seniors is the premier provider in Ontario with age-appropriate companions for older adults



"Always with you" is more than our motto — it's a promise of total reliability to you and your loved ones

For more information,
please contact:



Personal Care & Nursing

Toronto 416-964-0322

Peel 905-272-2271

York 905-771-2766



Seniors for Seniors

1-844-422-7399

GTA, Eastern Ontario &
Southwestern Ontario



Specialized Services

Toronto 416-964-0322

Peel 905-272-2271

York 905-771-2766

Referral Code

spectrumhealthcare.com

Spectrum
Always with you



Personal Care

Nursing

Seniors for Seniors

Specialized Services

Total Care

Spectrum's *Total Care* is a suite of services that supports your independence, quality of life and wellness through all stages of life.



Personal Care & Nursing

Our professional and compassionate nurses and personal support workers take care of you in the comfort of your home.

Personal support workers help patients with recovery:

- Personal care
- Meal preparation
- Light housekeeping

Registered nursing services:

- Health assessment
- IV therapy and wound care
- Palliative care
- Medical foot care



Senior Care

Our mature caregivers have the passion and experience to help seniors live independent and full lives.

- Companionship through friendly drop-in visits
- Live-in, 24/7 options
- Overnight stays to keep loved ones safe
- Bedside companionship at hospitals and care facilities
- Alzheimer's and dementia support
- Home cleaning, indoor/outdoor handiwork
- Transportation for errands and appointments
- Respite care and hospice support



Specialized Services

Our specialized medical services support your health and wellness goals and are provided by experienced health professionals.

- Foot care clinics
- Workplace and community flu clinics
- Employee health & wellness
- Physiotherapy